

# Crunchy Cranberry Waldorf Salad

3/4 cup plain Greek yogurt, 10% milkfat

1 tablespoon honey

1/8 teaspoon pepper

2 medium Golden Delicious apples

2 medium red apples

1 lemon, for juice

1 3/4 cups diced celery

3/4 cup dried sweetened cranberries

Whisk together in salad bowl: yogurt, honey, and pepper. Core apples and cut into small bite-size pieces; add to dressing. Squeeze juice of one-half lemon over apples; stir until evenly coated.

Stir in celery and cranberries. Chill until ready to serve. (Makes 6 servings.)