

Stuffed Peppers

6 medium-sized green peppers

1 lb ground beef

1/3 cup chopped onions

1/2 tsp salt

1/4 tsp black pepper

2 cups cooked rice

1 large can crushed tomatoes, divided

Parmesan cheese

Cut tops off peppers; remove seeds and membranes.

Cook meat, onions, salt, and pepper until meat is lightly browned.

Add rice and 1/2 of the can of tomatoes; stir well.

Divide mixture evenly among pepper cups; place in 10" x 6" casserole dish.

Pour remaining 1/2 can of tomatoes evenly over peppers.

Loosely cover with foil; bake at 350 degrees for 45 minutes.

Remove from oven and remove foil; top each pepper with desired amount of cheese. Return to oven, uncovered, for 15 minutes.